

CLINICAL SPIRITUAL CARE VS COMMUNITY CLERGY

COMMUNITY CLERGY

- Serve as leaders and ministers within a specific faith community. Their primary accountability is to their congregation.
- Provide care to members of their specific faith tradition, often focusing on religious rituals and theological guidance.
- Typically hold a graduate degree in theology. Training focuses on pastoral leadership and serving a particular faith group.
- The care they provide is typically shaped by the specific traditions and beliefs of their religious community.

CLINICAL SPIRITUAL CARE

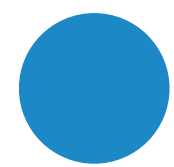
- Serve as key players in interdisciplinary healthcare teams. Their primary accountability is to the patient and healthcare staff.
- Provide spiritual care to people of all faith traditions, as well as to those who identify as spiritual but not religious, or non-religious ensuring the spiritual needs of all patients are met.
- Undergo professional training, including a master's degree and a minimum of 1600 hours of supervised clinical education.
- Care is tailored to the patient's unique spiritual, emotional, and existential needs, respecting their personal beliefs and values without imposing a specific religious view.



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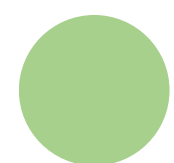
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7 SPIRITUAL HEALTH HABITS



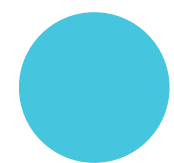
THE DAILY CHECK IN

How are you feeling right now, physically, emotionally, mentally, and spiritually?



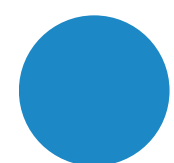
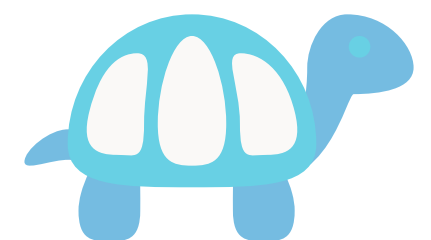
TAKING A BREATHING SPACE

When you feel restless, doubtful, overwhelmed or frustrated, remember to pause and breathe.



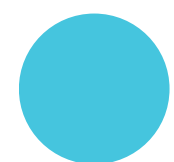
MOVE MORE SLOWLY

Rushing often leads to mistakes! Remember to enjoy the moment.



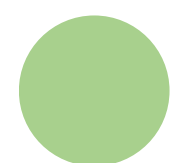
GET ENOUGH REST

Ask yourself, “Am I getting enough sleep?; ”Am I doing too much?; “What can I let go of?”



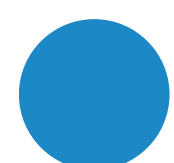
PRACTICE GRATITUDE

What are three things you are grateful for today?



LIVE ONE DAY AT A TIME

Staying in today can make the big things feel smaller.



BE KIND

A kind word or deed, no matter how small, has tremendous power to uplift someone else.



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